

PEER SUPPORT ORGANISING WORKSHEET 2

Anger

Drive

Key Institutions
Significant Moments

Key Relationships
Money + Energy + Time



MY.
STICK.
PERSON.

Dreams

Hopes

I-PLN



I-PLN ORGANISING

(Knowledge Sheet) #2



Instructions

1. Fill in each section around the stick person with who you are and how the title relates to your experiences and hopes
2. You do not have to share everything you write down
3. You can complete this at different stages through your life

What is it?

The Stick Person activity encourages you to recognise that you need to be vulnerable in order to build deep, meaningful connections with people. What of your personal self do you want the world to see?



So I've built my stick person... now what?

You will share your self-reflection, hopes and learnings from speaking to others about their Stick Person. This will allow you to start assessing your shared power, purpose and meaning within your networks of organisers.

How does it relate to my work?

"Knowing yourself is the beginning of knowing others". By reflecting on your own purpose and beliefs, you're able to re-connect with your motivations and use this as a basis for your relational power.



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